# Developmentally Appropriate Books, Activities and Storytimes For Babies 0-2



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# Why Share Books With Babies

- Reading provides an outlet for parent and baby to spend time together & bond in a loving way.
- Babies can recognize parents' voices from birth and they feel secure knowing the parent is near and speaking to them.
- Reading provides an opportunity for babies to respond positively to parents' voices and babies may begin to imitate the parent.
- Reading to a baby begins the process of nurturing a love for books and reading.
- Reading provides a baby with rich language experiences.
- · A baby understands simple words at eight to nine months of age.
- A baby is attracted to different sounds and gradually the baby attaches meaning to the sounds.
- · Books provide visual stimulation for the baby.
- Books provide a way for a baby to develop vision by focusing on objects.
- Reading to a baby stimulates the baby's brain development.
- · Reading provides babies with their first literacy experiences.
- Early experiences with books are linked to a child's later success in learning to read.

# How To Share Books With Babies

- Share cloth books or board (heavy cardboard) books with rounded (not pointed edges).
- Pick books with bright primary colors or books that have definite contrasts between dark and light.
- Pick books that depict objects familiar to babies, one object per page.
   After naming the object, talk about it in a sentence if possible.
- Pick some books that show faces of various ages and ethnic groups.
- Pick some books that can be touched or that have different textures to touch and feel.
- Pick some books that are interactive and that allow babies to insert fingers or hands through holes or lift flaps.
- Do not force reading on babies if they are unhappy and clearly do not want to be involved. Pick a quiet time when sharing is a pleasant experience.
- · Share nursery rhymes, lullabies and songs with babies.
- Book reading should take place several times during the day, even if it is only short periods of time.
- Pick books you like and share them enthusiastically! Use different voices and sounds.

# **Books for Babies**

## Books for Babies

## <u>High Contrast Books - First Few Months</u>

Blake, Michael. Baby's Day. Candlewick, 2007. (Several others in Series)

Hoban, Tana. Black and White. Greenwillow, 2007.

Linenthal, Peter. Look Look Outside!. Dial, 2012. (Several others in Series)

#### Sounds

Allen, Joy. Baby Sounds. Dial, 2012.

#### Touch and Feel Books

Boynton, Sandra. Fuzzy Fuzzy Fuzzy! A Touch, Scritch & Tickle Book. Little Simon, 2003. (Several others by this Author)

Johansson, Cecilia. Just Like Mommy. Little Simon, 2005. Also, Just Like Daddy.

Katz, Karen. Baby at the Farm. Little Simon, 2010. (Several others by this Author)

Watt, Fiona. That's Not My Puppy...Its Coat is too Hairy. Usborne Books, 2000. (Several others in this Series)

#### Baby Face Books

Adler, Victoria. All of Baby Nose to Toes. Dial, 2009.

Global Fund for Children. American Babies. Charlesbridge, 2010. Also, Global Babies.

Intrater, Roberta Grobel. Baby Faces: Eat! Cartwheel, 2002. (Several others in Series)

Miller, Margaret. Baby Faces. Little Simon, 2009. (Several others in Series)

Sami. Baby Flip-A-Face: Yellow Red Blue. Blue Apple, 2007. (Several others in Series)

Ziefert, Harriet. *Begin Smart Baby Faces*. Begin Smart, 2008. (Several others in Series)

## <u>Point and Say Books - One Object Per Page</u>

Emberley, Rebecca. My Colors: Mis Colores Little, Brown, 2000. (Several others)

Graux, Amelie. I Love to Eat. HMH Books, 2012. Also, I Love to Sleep!

#### Rhyme & Song Books

Kubler, Annie. I'm a Little Teapot. Child's Play, 2007. (Several other Song Books by this author)

Kubler, Annie. *Pat-A-Cake*. Child's Play, 2010. (Several other Rhyme Books by this author)

Rascek, Sanja. *Bounce and Jiggle*. Child's Play, 2008. (Several others in *Baby Gym* Series)

Yoon, Salina. Humpty Dumpty. Simon & Schuster, 2012.

# Books for Older Babies/Young Toddlers

## <u>Peek-A-Boo or Lift-the-Flap Books</u>

Broach, Elise. Seashore Baby. LB Kids, 2010.

Cimarusti, Marie Torres. Peek-A-Moo! Dutton, 1998. (Several others in Series)

Ferri, Francesca. Peek-A-Boo Pets. Barron's, 2009. (Several others in Series)

Gunzi, Christiane. Who's Hiding? In the Garden. Barron's, 2010. (Several others)

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Katz, Karen. *Princess Baby on the Go!* Schwartz & Wade, 2010. (Several others in series)

Katz, Karen. Where is Baby's Puppy? Little Simon, 2011. (Several others in Series)

Katz, Karen. Where is Baby's Belly Button? Little Simon, 2009. Large Board Edition. (Several others in Series)

Lewin, Betsy. Where is Tippy Toes? Atheneum, 2010.

Magsamen, Sandra. *Peek-A-Boo, I Love You!* Little Brown, 2009. (Several others by this Author)

#### Point and Say Books

Dwell Studio. Go. Blue Apple Books, 2010. (Several others by Dwell Studio)

Jocelyn, Marthe. Ready for Autumn. Ready for Spring. Ready for Summer. Ready for Winter. Tundra, 2008.

#### **Interactive Books**

Barry, Francis. Duckie's Splash. Candlewick, 2006.

Denchfield, Nick. Charlie Chick. HMH, 2007.

Gillingham, Sara. In My Nest. Chronicle, 2009. (Several others in Series)

Horacek, Petr. Strawberries are Red. Candlewick Press, 2001.

## Touch & Feel/Textures /Unusual Shapes

Horacek, Petr. Beep Beep. Walker, 2009. Also Choo Choo.

Katz, Karen. Beddy-Bye Baby. Little Simon, 2009. (Several others by this Author)

Priddy, Roger. F Is For Farm. Priddy, 2008. (Several others by this Author)

Siminovich, Lorena. *I Like Vegetables*. Templar Books, 2011. (Several others in Series)

Yoon, Salina. Peek-A-Love. Little Simon, 2010.

#### Rhyme & Song Books

Asim, Jabari. Whose Toes Are Those? Little Brown, 2006. Also, Whose Knees Are These?

Cruise, Robin. Only You. Harcourt, 2007.

Ellwand, David. *Old MacDonald Had a Farm*. Silver Dolphin, 2010. (Several others in Series)

Katz, Karen. Shake It Up, Baby! Little Simon, 2009.

Kubler, Annie. Head, Shoulders, Knees and Toes. Child's Play, 2002. (Several other Song Books by this author)

Scholastic Inc. Teddy Bear, Teddy Bear, Turn Around! Scholastic, 2012. (Several others in Series)

Scholastic Inc. Twinkle, Twinkle, Time for Bed. Scholastic, 2010.

Smith, Justine. Five Little Ducks. Cartwheel, 2007.

Wilson, Karma. Baby Cakes. Little Simon, 2006. Also, Baby I Love You.

#### Animal Books

Butler, John. Ten in the Den. Peachtree, 2005. (Several others by this Author)

Dwell Studio. Touch and Feel Farm. Blue Apple Books, 2009.

Lobel, Anita. Hello, Day! Greenwillow, 2008.

Root, Phyllis. Quack! Candlewick, 2005. Also, Hop!

## Everyday Life/Activities

Allen, Joy. Baby Signs. Dial, 2008.

Dewdney, Anna. Llama Llama Nighty-Night. Viking, 2012. (Several Others in Series)

Fleming, Denise. The Everything Book. Holt, 2000.

Hubbell, Patricia. Pots and Pans. HarperFestival, 1998.

Isadora, Rachel. Peekaboo Morning. Putnam, 2002. Also, Uh-Oh!

Lester, J.D. *Grandma Calls Me Gigglepie*. Robin Corey Books, 2011. (Several others in Series)

Nosy Crow. Noodle Loves to Eat. Nosy Crow, 2012. (Several others in Series)

Oxenbury, Helen. Clap Hands. Little Simon, 2009. (Several others in Series)

Patricelli, Leslie. *Yummy Yucky*. Candlewick, 2003. (Many other titles by this Author)

Powell, Debbie. Trucks. Candlewick, 2012.

Rossetti-Shustak, Bernadette. I Love You Through and Through. Scholastic, 2005.

#### Easy Concepts

Carle, Eric. The Very Hungry Caterpillar's Finger Puppet Book. Grosset & Dunlap, 2011.

Doodler, Todd. What Color is Bear's Underwear? Blue Apple, 2011.

Hill, Eric. Spot's First Colors: A Touch-and-Feel Book. Putnam, 2011. Also, Shapes, Numbers and Words.

Katz, Karen. Baby's Numbers. Little Simon, 2010. Also, Baby's Colors and Baby's Shapes.

Karp, Ken. Will You Wear a Blue Hat? Scholastic, 2010.

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Kiely, Orla. *Colors*. Holt, 2012. (Several Others in Series)

Martin, Bill. Brown Bear, Brown Bear, What Do You See? Henry Holt, 1996. (Board Book edition)

Rey, H. A. Curious Baby: My First Book of Color. Houghton Mifflin, 2011.

Schade, Susan & Jon Buller. The Noisy Counting Book. Random, 2010.

Siminovich, Lorena. *I Like Bugs*. Templar Books, 2010. (Several others by this Author)

Wallace, Nancy Elizabeth. Planting Seeds. Marshall Cavendish, 2010.

Yang, Bella. A Nest in Springtime. Candlewick, 2012. Also, Summertime Rainbow.

Yoon, Salina. Who Do I See? Robin Corey Books, 2011. Also, One, Two, Buckle My Shoe.



# Storytimes for Babies

## Tip Sheet

- This program is really for the caregiver. The librarian models how to share books, rhymes and songs with babies, encouraging the caregiver to continue these activities at home.
- This is not a "simplified" toddler or preschool program rather the program needs to be developmentally appropriate for infants.
- Babytimes are commonly held for children newborn up to age two.
- Programs need not be thematically arranged the importance is sharing rhymes through the use of lap games and simple hand, feet and finger games, also using music and songs.
- When sharing books with few words (such as point-and-name books) model to the parent how to extend the text by describing the object.
- Limit the group to ten to fifteen caregivers with their infants.
- Have adults sit in a circle holding their baby in their lap. The librarian is part of the circle.
- Repeat rhymes so adults will learn movements. Clap after each rhyme and song. (Babies love to clap!)
- Keep a list of the rhymes and activities that you plan to use near you so that you can quickly move from one activity to another.
- You might want to use a doll or teddy bear to demonstrate the rhymes.
- Keep the program short approximately twenty minutes in length. After the structured program you can share other types of learning activities or have some developmentally appropriate toys for infants available for playtime.
- Provide a take-home sheet for caregivers with words to rhymes and songs used in the program. Encourage them to continue activities at home.
- Have a display of board, cloth, high-contrast, pattern, touch-and-feel, flap, and Mother Goose/nursery rhyme books that can be checked out and taken home.

- Programs should be held in the morning or early evening hours but not in the afternoon due to baby nap times.
- A series of programs will be appreciated, but that is not necessary if staffing does not permit numerous programs. It is more important to reach as many caregivers as possible with the importance of sharing language and music to babies from birth.
- Consult the following resources:

Carlson, Ann & Mary Carlson. Flannelboard Stories for Infants and Toddlers. ALA, 1999.

Davis, Robin Works. Toddle On Over: Developing Infant & Toddler Literature Programs. Alleyside Press, 1998. (just section on babies)

Diamant-Cohen, Betsy. Mother Goose on the Loose. Neal Schuman, 2006.

Ernst, Linda L. Baby Rhyming Time. Neal-Schuman, 2008.

Ernst, Linda L. Lapsit Services for the Very Young. Neal-Schuman, 1995. Also, Lapsit Services for the Very Young II. 2001.

Ernst, Linda L. The Essential Lapsit Guide: A Multimedia How-To-Do-It Manual and Programming Guide for Stimulating Literacy Development from 12 to 24 Months. Neal-Schuman, 2013.

Maddigan, Beth and Stefanie Drennan. The Big Book of Stories, Songs, and Sing-Alongs: Programs for Babies, Toddlers, and Families. Libraries Unlimited, 2003.

Marino, Jane. Babies in the Library. Scarecrow, 2003.

Marino, Jane and Dorothy F. Houlihan. Mother Goose Time: Library Programs for Babies and Their Caregivers. H.W. Wilson, 1992.

Nespeca, Sue McCleaf. Library Programming for Families with Young Children. Neal-Schuman, 1994. Pages 66-75.

# **Baby Storytimes**

# Suggested Template

<u>Opener</u> (Song or Rhyme but song is suggested. Use same opener every week.)

<u>Book Appropriate for Babies</u> (Share with group or provide copy for each parent to show to baby while you are reading a copy)

Rhymes (3 or 4 - different types of rhymes)

<u>Song</u> (Live voice or recorded music - but emphasis should always be on live voice)

<u>Book Appropriate for Babies</u> (Share with group or provide copy for each parent to show to baby while you are reading a copy)

Rhymes (3 or 4 - different types of rhymes)

<u>Song</u> (Live voice or recorded music - but emphasis should always be on live voice)

# Closing Song or Rhyme

<u>Share Time</u> Optional - can be educational toys, choosing books specifically pulled for storytime, open-ended art, etc.

Please Note: This is just one suggested template - you may develop other models once you are comfortable doing programs, or other suggested models may work better for you in the future. I recommend you follow this template for your storytime.

#### BABY STORYTIME - SAMPLE PROGRAM ONE

Opening Song: Good morning to you, Good morning to you

Good morning dear baby (parent substitutes baby's name) Good morning to you. (Sing to tune of "Happy Birthday")

Book: Peek-A-Moo! By Marie Torres Cimarusti.

Rhymes: Finger/Hand Rhyme - Pat A Cake

Pat a cake Clap baby's hands

Pat-a-cake Baker's man Bake me a cake As fast as you can.

Roll it Roll baby's hands
And pat it Pat hands twice

And mark it with a "B" Make a "B" on baby's chest

And put it in the oven Pat baby's tummy

For baby and me.

Toe/Foot Rhyme - Eeny, Meeny, Miny Mo

Eeny, meeny, miny mo Catch a piggy by his toe. If he hollers let him go Eeny, meeny, miny mo.

(On first line, starting with little toe, wiggle one toe at a time until you have wiggled all four toes. On the second and third lines, wiggle the big toe. On the last line, wiggle your way back down to the little toe again.)

Tickle/Touch Rhyme - Eye Winker, Tom Tinker

Eye winker Touch one eyelid gently
Tom tinker Touch other eyelid gently

Nose dropper Touch nose
Mouth eater Touch mouth
Chin chopper Touch chin

Chin chopper chin. Tickle gently under chin.

#### Bounce/Lift Rhyme - Trot, Trot to Boston

Trot, trot to Boston
Trot, trot to Lynn,
Watch out baby
Or you'll fall in!
(Bounce baby on your knees. On last line, open your legs and let baby fall in.)

Song: Pease Porridge Hot

Pease porridge hot Pease porridge cold Pease porridge in the pot Nine days old.

Some like it hot
Some like it cold
Some like it in the pot
Nine days old.
(For each line: Clap hands once, clap hands twice, then spread arms)

Book: Where is Baby's Belly Button? by Karen Katz

Rhymes: Toe/Foot Rhyme - This Little Piggy

This little piggy went to market
This little piggy stayed home
This little piggy had roast beef
This little piggy had none.
And this little piggy cried
Was ween ween

Wee, wee, wee, All the way home.

(Starting with the big toe, touch one toe at a time holding onto the toe while saying each line until reaching the last little toe. Wiggle it while saying the last two lines.)

Bounce/Lift Rhyme - To Market, To Market

To market, to market, To buy a fat pig; Home again, home again, Jiggety jig. To market, to market,

To buy a fat hog;

Home again, home again

Jiggety jog.

(Bounce baby gently on your knees. You can also swing the baby while bouncing. On last line of each verse, lift baby up.)

Finger/Hand Rhyme - Round and Round the Garden

Round and round the garden Circle baby's tummy

Goes the teddy bear.

One step, two steps, Walk fingers up chest

Tickle under there! Tickle under chin.

Tickle/Touch Rhyme - Two Little Eyes

Two little eyes Point to baby's eyes

To look around

Two little ears Wiggle baby's ears

To hear each sound

One little nose Wiggle baby's nose

That smells what's sweet

One little mouth Touch baby's mouth

That likes to eat.

Closing Song: Skinnamarinky Dinky Dink

Skinnamarinky dinky dink

Skinnamarinky doo

I love you

Skinnamarinky dinky dink

Skinnamarinky doo

I love you

I love you in the morning

And in the afternoon

I love you in the evening

Underneath the moon

Skinnamarinky dinky dink

Skinnamarinky doo

I love you.

(Have parent hug child and swing from side to side on first two lines. On third line, parent points to baby's chest.)

# Why Share Rhymes With Babies

- · Rhymes can be a baby's first introduction to literature.
- Reading rhymes to baby begins the reading habit and introduces babies to the pleasures of reading.
- It is important to talk to your baby. Sharing rhymes is one good way of sharing language with your child.
- Rhymes provide an opportunity for you to play with your baby babies can be directly involved.
- Rhymes do not need to make sense to babies they will simply enjoy the sound of the words.
- Sharing rhymes can establish a pleasurable bond between you and your baby.
- · You can share rhymes with babies any time of the day.
- If your baby is tired, use less active rhymes or less active motions.
- There are different types of rhymes finger/hand rhymes,
   toe/foot rhymes, tickle/touch rhymes, and bounce/lift rhymes use a variety of rhymes at different times

# Rhymes for Babies

#### Pat-A-Cake

Pat-a-cake Clap baby's hands

Pat-a-cake Baker's Man. Bake me a cake As fast as you can.

Roll it Roll baby's hands

And pat it

And mark it with a "B" Pat hands twice

And put it in the oven Make a "B" on baby's chest

For baby and me. Pat baby's tummy

## This Little Piggy

This little piggy went to market This little piggy stayed home This little piggy had roast beef This little piggy had none.

And this little piggy cried Wee, wee, wee,

All the way home.

(Starting with the big toe, touch one toe at a time holding onto the toe while saying each line until reaching the last little toe. Wiggle it while saying the last two lines and then gently touch the bottom of the foot.)

# Ten Little Fingers

Ten little fingers Wiggle baby's fingers

Dance and play. Ten little fingers Wiggle all day.

Ten little toes Wiggle baby's toes

Dance and play Ten little toes Wiggle all day.

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#### Ride A Cock-Horse

Ride a cock-horse Bounce baby on knee facing you

To Banbury Cross To see a fine lady Upon a white horse.

With rings on her fingers Wiggle baby's fingers

And bells on her toes Wiggle baby's toes

She shall have music Bounce baby on knees again

Wherever she goes.

#### Shoe the Little Horse

Shoe the little horse

Shoe the little mare

Here a nail

There a nail

Pat bottom of left foot

Gently tickle left foot

Gently tickle right foot

But pony goes bare. Wiggle both feet

## Leg Over Leg

Leg over leg Dog went to Dover He came to a wall Jump! He went over.

(Cross your legs and sit baby on your ankle. Bounce baby to rhythm, lifting leg up on "Jump" OR Bounce baby on knees and lift on "Jump.")

## Hot Cross Buns

Hot cross bunsHold baby's handsHot cross bunsAnd clap togetherOne a pennySwing hands leftTwo a pennySwing hands right

Hot cross buns.

If you have no daughters

Give them to your sons

Clap hands together again

Pull hands back to chest

Pull hands out again

One a penny Swing hands left
Two a penny Swing hands right

Hot cross buns. Clap hands together again.

#### Eeny, Meeny, Miny Mo

Eeny, meeny, miny mo Catch a piggy by his toe. If he hollers let him go Eeny, meeny, miny mo.

(On first line, starting with little toe, wiggle one toe at a time until you have wiggled all four toes. On the second and third lines, wiggle the big toe. On the last line, wiggle your way back down to the little toe again.)

#### Eye Winker, Tom Tinker

Eye Winker Touch one eyelid gently
Tom Tinker Touch other eyelid gently

Nose Dropper Touch nose

Mouth Eater Touch mouth
Chin Chopper Touch chin

Chin Chopper Chin. Tickle gently under chin

## Knock On The Door

Knock on the door Knock on baby's forehead

Ring the bell Gently push nose

Walk right in Tickle fingers on baby's mouth

Uh-oh I fell! Tickle fingers straight down from mouth and tickle

stomach.

#### To Market, To Market

To market, to market
To buy a fat pig;
Home again, home again
Jiggety jig.

To market, to market,

To buy a fat hog;

Home again, home again

Jiggety jog.

(Bounce baby gently on knees. You can also swing the baby while bouncing. On last line of each verse, lift baby up.)

## One Little Piggy

One little piggy

Two little piggy

Three little piggy

Four.

But don't forget big piggy

That makes one more!

(Starting at little toe, wiggle each toe in turn until you reach the big toe)

## Two Little Eyes

Two little eyes Point to baby's eyes

To look around

Two little ears Wiggle baby's ears

To hear each sound

One little nose Wiggle baby's nose

That smells what's sweet

One little mouth Wiggle baby's mouth

That likes to eat.

# Ten Little Fingers

Ten little fingers

Dance and play Wiggle baby's fingers

Ten little fingers Wiggle all day.

Ten little toes

Dance and play Wiggle baby's toes

Ten little toes

Wiggle all day.

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## These Are Baby's Fingers

These are baby's fingers
These are baby's toes
Touch fingers
Touch toes

This is baby's tummy button Point to belly button

Round and round it goes. Make circles on tummy around belly button

#### Trot Trot to Boston

Trot, trot to Boston
Trot, trot to Lynn,
Watch out baby
Or you'll fall in!
(Bounce Baby on legs. On last line, open your legs and let baby fall in!)

## Round and Round The Garden

Round and round the garden Make circles with your finger

Goes the teddy bear on baby's palm
One step Climb up arm

Two steps

Tickle under there! Tickle lightly under the arm

## I Saw a Little Bird

I saw a little bird Holding baby on lap,

Go hop, hop, hop.

Bounce on knee for each hop

I told the little bird

To stop, stop, stop. Clap baby's hand together for stop

I went to the window

To say "How do you do?" Wave hello with baby's hands

But he shook his little tail

And away he flew. Move baby's arms like bird flapping wings

# 35 Songs to Sing With Babies & Young Toddlers

- Baa, Baa Black Sheep
- BINGO (one verse)
- Bear Went Over the Mountain
- Down by the Station
- · Eensy Weensy Spider
- Farmer in the Dell
- Heads, Shoulders, Knees and Toes (Baby/Toddler Version)
- Here We Go 'Round the Mulberry Bush
- Hickory Dickory Dock
- How Much Is That Doggie In the Window
- Hush Little Baby
- If You're Happy and You Know It (Baby/Toddler Version)
- I'm A Little Teapot
- London Bridge
- Mary Had a Little Lamb
- · Me and My Teddy Bear
- More We Get Together
- Muffin Man
- Noble Duke of York
- Oh Mister Sun
- Oh Where Oh Where Has My Little Dog Gone
- Old Mac Donald Had a Farm
- Peas Porridge Hot
- Pop Goes the Weasel
- Ride on Daddy's Knee Dear
- Rig-A-Jig-Jig
- Ring Around the Rosy
- Rock-A-Bye-Baby

- Row, Row, Row Your Boat
- Skinnamarink
- Teddy Bear, Teddy Bear
- Twinkle, Twinkle Little Star
- You Are My Sunshine
- Wheels on the Bus (2 or 3 Verses)
- Where is Thumbkin?



# Sample Music Activities For Babies

- Let baby play/shake a simple instrument to music- a bell on a handle, maracas, rattles, wrist/ankle bells (jingle bells on yarn), small drums to bang
- Let baby play with pots & pans
- Have parent hold baby and dance with baby
- Play peek-a-boo with a scarf to music
- Tap in time to the music on the bottom of a baby's foot or on baby's hand, or holding ankles, tap baby's feet together, or holding baby's wrists, move them to the beat - up and down, in and out, or touch ankle with wrists.
   You can also move baby's legs to the beat in bicycle motion.
- Clap on baby's palm while reciting a rhyme or song/ when baby is older, have her/him clap her hands on your palms
- Rock baby back and forth to music
- · Use musical lap games and bounce games
- Provide an egg shaker for baby
- Lie on your back and place baby on your legs. With knees bent, bounce baby on knees, then straighten legs and let baby slide down your legs
- Hold a triangle let baby use striker to hit triangle
- Let baby tap wooden spoons together
- Let baby clap finger cymbals